RSVC Parent FAQ

Quick answers for RSVC families

What ages does RSVC support?

RSVC programs are designed for youth athletes across different age groups and development stages. Age ranges vary by program and season based on facility access, coaching capacity, athlete interest, and program structure. Please check the current program details for the applicable age group.

Does my child need previous volleyball experience?

Not for beginner-focused or development programs unless a program is specifically described otherwise. Athletes are supported at an appropriate pace while building volleyball fundamentals, confidence, teamwork, and comfort in the training environment.

How are athletes grouped?

Athletes may be grouped or regrouped based on age, experience, skill level, physical development, safety, attendance, and overall training needs. Groupings may change during a program when coaches determine that an adjustment would better support athlete development or the training environment.

Are RSVC programs co-ed?

Some RSVC programs are co-ed unless they are specifically advertised otherwise. The mix of athletes may vary by program and season, and registration does not guarantee a particular balance or ratio of male and female athletes.

What should athletes bring to training?

Athletes should bring clean indoor court shoes, comfortable athletic clothing, and a water bottle. Knee pads are recommended for many athletes but may not be required for every beginner session. Any personal brace or support needed for safe participation should also be brought to training.

How are schedules and updates communicated?

Program schedules and important updates are shared through official RSVC communication channels. Depending on the program, this may include email, TeamSnap where applicable, WhatsApp, registration platforms, or another official RSVC channel. Families are encouraged to check messages regularly.

What happens if an athlete misses a session?

Families should notify RSVC when possible. Missed sessions are not normally rescheduled, credited, or refunded unless RSVC has specifically confirmed another arrangement. Consistent attendance supports athlete development and group progress.

Are parents allowed to watch sessions?

Parent viewing depends on the facility, available space, program structure, and any site-specific rules. Families will receive program-specific guidance where viewing areas or spectator expectations apply.

How does registration work?

Families may register through official RSVC forms, invitations, or communication channels. Registration availability depends on the program, athlete age and suitability, seasonal capacity, facility access, and other operational requirements.

How do I know my athlete's registration is confirmed?

A form submission, expression of interest, inquiry, or payment does not by itself guarantee a final placement unless RSVC has confirmed the registration in writing. Families should rely on the written confirmation that includes the athlete's program details, schedule, or next steps.

Are RSVC programs competitive or developmental?

Many RSVC programs are development-focused, with an emphasis on skill building, confidence, teamwork, and positive participation. Some programs may include club-prep, evaluation, advanced training, or competitive components depending on the season and program structure.

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Where are sessions usually held?

RSVC programs are generally held in Coquitlam and the Tri-Cities region of British Columbia. Training locations may vary by season based on community facility access, scheduling, and program needs. Families receive location details through official RSVC communications.

How can families contact RSVC?

Website: rockyspikes.com
Email: info@rockyspikes.com
WhatsApp: +1 (778) 683-8031
Instagram: @rockyspikesvolleyball

For the most current information on schedules, fees, availability, and program-specific requirements, please refer to current RSVC registration information and official club communications.

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