RSVC Trial Information

What athletes and families should know before, during, and after a trial

Purpose

This guide explains what athletes and families can expect before, during, and after an RSVC trial session, including preparation, participation expectations, safety responsibilities, evaluation principles, placement, and follow-up communication.

RSVC trial sessions are intended to support athlete learning and appropriate program placement within a safe, respectful, inclusive, and positive volleyball environment.

Participation in a trial does not guarantee registration, placement in a particular program or training group, a specific coach assignment, competitive roster selection, advancement, or future program availability.

This guide should be read together with applicable RSVC policies, registration information, the RSVC Code of Conduct, the RSVC Safe Sport Parent Notice, facility requirements, and program-specific communications.

Trial Program Overview

A trial gives an athlete an opportunity to experience RSVC's training environment while authorized RSVC personnel observe the athlete within a structured volleyball setting.

Depending on age, experience, and the purpose of the session, athletes may take part in warm-ups, movement activities, skill-development work, volleyball drills, and modified game play.

Observation focuses on the athlete's overall participation and readiness rather than a single drill or outcome. Factors may include effort, coachability, communication, teamwork, movement, volleyball skills, decision-making, and readiness to participate safely.

Where additional observation would be helpful, RSVC may recommend another trial session, subject to facility time, coach availability, program capacity, and operational requirements.

Age Groups & Program Placement

RSVC programs are designed to support age-appropriate and development-focused learning.

Placement may consider age, stage of development, previous volleyball experience, current skill level, physical readiness, group balance, available capacity, coach availability, supervision needs, and other reasonable program considerations.

In some cases, authorized RSVC personnel may recommend a different training group where it better supports the athlete's safety, learning, development, or the effective operation of the program.

Placement may be reviewed or adjusted as an athlete develops or where reasonable program circumstances change.

What to Bring

Athletes should arrive with appropriate indoor athletic clothing, clean non-marking court shoes, and a clearly labelled water bottle.

Bring any personal medications, braces, supports, or other items normally required for safe participation.

Families should communicate relevant medical information or accessibility needs before the trial whenever reasonably practicable.

Please avoid bringing unnecessary valuables or personal items. Athletes and families remain responsible for their belongings.

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Attendance & Arrival

Athletes are encouraged to arrive approximately 10-15 minutes before the scheduled start time for check-in, introductions, and preparation.

If an athlete will be absent or significantly late, families should notify RSVC as soon as reasonably practicable through an appropriate communication channel.

Parents and guardians are responsible for safe and timely drop-off and pick-up, including confirming that authorized RSVC personnel are present before leaving a minor athlete.

Late arrival may result in an athlete missing safety information or warm-up activities. Authorized RSVC personnel may modify participation where late arrival affects safe involvement in the session.

Participant Expectations

Athletes are expected to participate to the best of their ability, demonstrate a positive attitude and willingness to learn, and follow reasonable directions from authorized RSVC personnel.

Athletes should treat coaches, teammates, volunteers, officials, facility personnel, and other participants with courtesy and respect; use appropriate language; and help maintain a safe and supportive training environment.

Unsafe, disruptive, abusive, discriminatory, intimidating, harassing, or otherwise inappropriate behaviour may result in reasonable action consistent with applicable RSVC policies and participant safety.

Athletes should promptly report any injury, illness, suspected concussion, unsafe condition, or other concern that may affect safe participation.

Parent & Guardian Responsibilities

Parents and guardians should ensure that athletes arrive prepared and medically able to participate, provide accurate and current emergency and health information, and communicate any material change that may affect safe participation.

Families are expected to support respectful behaviour, follow applicable RSVC and facility requirements, and avoid interfering with coaching, evaluation, athlete supervision, or program delivery.

Questions or concerns should be communicated respectfully through an appropriate RSVC channel rather than during active evaluation or training.

Evaluation Principles

RSVC evaluates athletes with the goal of identifying a suitable training environment that supports appropriate development, safety, and positive participation.

Evaluation considers the athlete's overall readiness and participation rather than a single skill or isolated performance.

Depending on the program, observations may include movement, coordination, volleyball fundamentals, communication, coachability, effort, teamwork, decision-making, and readiness to participate safely.

Authorized RSVC personnel use professional judgment, experience, the information reasonably available at the time, and relevant program needs when making placement recommendations.

Placement & Availability

RSVC will make reasonable efforts to recommend a program that appropriately supports the athlete's current stage of development, but placement cannot be guaranteed.

Availability may depend on registration levels, facility access, coach availability, group balance, supervision requirements, participant safety, and other operational factors.

Where appropriate, RSVC may recommend an alternative program, an additional trial, or a future participation opportunity.

Placement decisions are made in good faith using the information reasonably available at the time of assessment and may be adjusted where appropriate.

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Communication After the Trial

Following the trial, RSVC will make reasonable efforts to communicate the outcome and any recommended next steps through an appropriate RSVC communication channel.

Timing may vary depending on program capacity, registration levels, coach availability, scheduling, and other operational requirements.

Families may receive information about placement, registration opportunities, an additional trial, an alternative program, or another appropriate next step.

Questions following the trial should be communicated respectfully through an appropriate RSVC channel.

Health, Safety & Medical

Parents and guardians are responsible for providing accurate and current information about injuries, illnesses, medical conditions, allergies, medications, accessibility needs, emergency contacts, or other circumstances that may affect safe participation.

Athletes should participate only when medically able to do so. Families must promptly report any injury, illness, suspected concussion, medical restriction, or material change that may affect participation.

Parents and guardians are responsible for ensuring that clothing, footwear, braces, supports, and personal equipment are appropriately fitted, in safe condition, and suitable for the athlete's individual needs.

Indoor court shoes should be clean, non-marking, securely fitted, and suitable for court movement. Clothing, footwear, or equipment that authorized RSVC personnel reasonably consider unsuitable or unsafe may result in participation being modified, restricted, or discontinued.

RSVC personnel may identify visibly unsuitable clothing, footwear, or equipment but do not provide professional footwear fitting, medical, podiatric, orthopaedic, or equipment-safety advice. The absence of an objection from RSVC personnel does not constitute medical clearance or confirmation that an athlete's equipment or physical condition is safe or suitable.

Athletes should promptly report pain, discomfort, dizziness, illness, suspected concussion symptoms, equipment concerns, or unsafe conditions and must stop or modify participation when directed by authorized RSVC personnel.

Authorized RSVC personnel may take reasonable steps to support participant safety, including modifying an activity, requiring an athlete to sit out, contacting a parent or guardian, activating emergency procedures, or contacting emergency services when reasonably necessary.

RSVC personnel do not provide medical diagnosis, treatment, or medical clearance. Parents and guardians remain responsible for obtaining appropriate professional medical advice and determining whether an athlete is medically able to participate or return to activity.

An athlete with a suspected concussion or other potentially serious injury must not return to participation until applicable return-to-sport requirements have been satisfied.

Participation in volleyball and other physical activity involves inherent risks, including falls, collisions, overuse injuries, and injuries affecting the ankles, knees, head, or other parts of the body.

This guide does not replace any applicable registration waiver, informed-consent document, emergency medical authorization, concussion protocol, insurance requirement, or legal obligation. Nothing in this guide excludes or limits any responsibility that cannot lawfully be excluded or limited.

Final Statement

RSVC appreciates the interest of every athlete and family who participates in a trial session.

Trials are one part of RSVC's placement process and are intended to help families and authorized RSVC personnel make informed decisions about future participation.

RSVC thanks athletes and families for helping maintain a safe, respectful, inclusive, and positive volleyball environment throughout the trial process.

Trial participation is not a guarantee of registration or placement. Final next steps depend on athlete fit, program availability, capacity, safety, and operational requirements.

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